

# THE MERCURY MINUTE



**“People pay for what they do, and still more, for what they have allowed themselves to become. And they pay for it simply: by the lives they lead.”**

**James Baldwin**

## February 2012

*February 7th - Full Moon in Leo* - The waves of metamorphosis are speeding up and slowing down and in fact, very much like the present. February 3rd, Neptune, the planet most associated with compassion and unity-consciousness as conscious unity, and it re-enters Pisces, and Neptune remains there until 2025. This is a major shift for everyone to take note, especially into your intuition and spiritual inclinations. Look at all the aspects of your life that no longer serve you? Everything?

*Listen to your inner-being as the soil receives the seed and see if your mind is open to being free and empty?*

*February - New Moon in Pisces* - This is the returning and completing the union of what seems to be separate from itself. The idea of transcending your thoughts and becoming present is the only place to be, silence is the voice of change. All of your life happens with or without your attention. Remember, to pay attention is the simplest act of love. Cultures that are putting the focus on money and possessions are not going to be doing well in the coming of the Age of Light that we keep slipping into Lightness. The Cultures that put the emphasis on the spiritual nature of life will flourish.

*The Stars in the Universe are the Source of the Consciousness!*



## *The Twelve Signs of the Zodiac*



**(Read the signs of both your Sun and Ascendant.)**

*The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles, but to live in the present moment wisely and earnestly.*

*~Buddha*

**AQUARIUS (Jan. 20-Feb. 18)** You have three major planets in your sign as the month begins. Your personal life is taking center stage, and the mystery of life is guiding you to develop peace and harmony. Cooperate with the collective because you have so much to give. If you can find the right group of people, consider joining in and supporting their effort. You are going through a rebirth. Pay attention to all that you say! A stroke of good luck comes your way, and you receive the news you have been waiting for to hear. Life is a process of self-discovery, and you are a unique expression of creation. The eternal moment encourages cooperation. Cultivate discipline. Discipline means to learn. You are about to enter a period of eternity that brings purpose. Life is eternal, and the Light is love. Doing who you are, is the movement of your wave on the shore of illusion. You are loved by many. Know that! February 3 when Neptune goes into Pisces, your intuition will be more acute.

**PISCES (Feb. 19-Mar. 20)** Creative genius is a part of your lineage! If you become yourself, you become the expression of a genuine life that is a way of being the illumination of what is! What has been and what will happen simply by being yourself is what happens. What will be is the universe evolving with everyone. Thinking is the beginning and the end of all that you are doing at the present. You have an opportunity for a new relationship if you are single at this time and open to another? With intent and a strong will, you make your dreams manifest in the real world! Are you in touch with your spiritual nature? If you listen to you, you hear yourself in the silence of nature, which is change. The ocean is a reminder of the power, and the mystery that we all come from. You are an expression from the Big Bang some 13 billions years ago. This

is not a belief this is a fact! Neptune entering your sign until 2025, brings a sweet spot that supports your efforts. Even so, it provides you the lesson of doing what works for you and letting go of what know longer serves you.

**ARIES (Mar. 21-April 19)** If you consider thinking to be kind to yourself. If you consider an awakened life, then you know not to know is the way to know. If you choose to consider, be neither asleep nor awake because when you make a distinction between things, you are not one with the mystery of what is. You are on the brink of self-discovery that can have a profound impact on your future, which is now. You have the opportunity to grow due to the meeting of interesting people coming into your life. Be open to developing acquaintances who can have a positive impact on your life. You should be able to get a great deal of work done at this time. Therefore, you can benefit by listening and learning from your deeper self. Help your financial situation; start saving instead of spending. By paying attention to your health and getting more rest keeps life simple as it truly is. When it comes to dealing with others, you may find it significant to pay attention to the other person. This is a wonderful time for your imagination to really shine. This is a year of change for many of you, so go with the flow, for it leads you back to you.

**TAURUS (April 20-May 20)** You may find yourself in a variable mood this month, and this is unproductive for relationships. Watch your temper and put the emphasis on cleaning up your domestic space, which has an impact on your emotions. You'll feel organized when you slow down and take care of the pending details that need your attention. You have a great deal to give, but it would be best to be in a good state of mind before you give, which is to receive. Control is not all that it's cracked up to be! Be your essences, which is the opposite of control! You find yourself in a pensive mood, and this is unproductive for any kind of communication. You're in a focused frame of mind by paying attention to your inner awareness. You can also benefit a great deal if you get yourself better organized. You can be patient and now is the time to exercise that ability with those who can be annoying. Don't be stubborn at the wrong time, or you'll come to regret it. You experience a year of change and transformation, so embrace for a year of profound change.

**GEMINI (May 21-June 21)** Travel and getting out and about is what you'd prefer at this time. This emphasis is on enjoying your family and friends. If you are over-worked, so take some time off. If you are feeling things are not moving fast enough, then you might have to wait for life to catch up. Helpful information arrives just in time for your benefit. You may want to consider finding some quiet time for you to find your inner peace and learn to enact decisions from your heart. Walk before you run, but at least do yoga! Consider balance as non-duality. Having fun and exchanging information is what

you would prefer and now is no exception. With the planets doing their dance you may consider reflecting on your inner-self as a wonderful and revealing way of discovery. Family and friends are going to want to spend time with you. Consider taking some time off for yourself, because it makes a difference in the way, you feel. Listen to your intuition, it is right on target! Exercise with intent and make your body a spiritual example of the inner understanding that you possess. Life is about love, and love is all there is.

**CANCER (June 22-July 22)** Avoid conversations that are not grounded and fraught with mistaken information - you could be spreading news that may not be true. Truth is the best friend anyone could ask for, but it can be hard to come by. Make sure you get some exercise and watch your eating habits; good food means health. You want to get down to work and make money, because it is one of your well-known secrets and its a passion, thus now it seems as a time to make it happen. Romance is fun, and you are developing a new sense of self. Cultivate harmony and peace as a way of life. The time is ripe for a change of pace and a new attitude for a better understanding with whom you are romantically involved with. You'll be in a position to make your feelings known to those who need to hear what you have to say. You will have to answer some of the doubts that you have about someone. Make your current flame feel special with your attention and consideration it doesn't take much to show your appreciation. Love is to pay attention, and it doesn't take effort to provide love, just love and accept life just the way it is.

**LEO (July 23-Aug. 22)** Current planetary oppositions are going to energize your personal life and bring emotions to the surface, so buckle up: it could be a bumpy ride. There could be a problem that needs your attention. Pay attention to your needs and keep it light and social. Enjoy your friends and pursue sensual delights... Passion is calling! Moreover, this is a good time to pay attention to your bills, and finances in general. Make room for more, by cutting away the entire social dead wood that you entertain. Be still with your thoughts as much as possible and then your needs become evident! You'll be in the mood to keep your emotions to yourself, but make sure you don't beat yourself up over anything or anyone. Don't be surprised if you have an outburst. It is good to express your emotional side, however, don't become melodramatic, or you could be misunderstood. You'll have a meaningful conversation with a friend, and you reveal your inner thoughts for a stronger relationship. You'll surprise yourself when you hear yourself speak from the heart to someone who hasn't been listening to you. Try to maintain your regular routines for the best results at this time.

**VIRGO (Aug. 23-Sept. 22)** Spend time on cultivating a peaceful mind with yoga or meditation: you'll find the contentment that awaits you. Learn to surrender to life, which means to accept things as they are. You are on the right path, however, be patient with your personal growth. It takes time to discover the hidden aspects of the self-revealing treasure yet to come. Prayer is a time for bliss and self-discovery. You tend to be unaware of how you affect others, therefore, pay attention to what you say and do to others. Communication with others is challenging you. You are a giving spirit; however, discover that others are finding you attractive and are expressing their interest in you. Romantic relationships are going to be encouraged if you're single. Property issues may become an interest for you; perhaps a purchase of some sort or at least a serious consideration of a purchase is in the wind. Health issues may need to be attended to at this time. You will be getting in touch with a brother or sister at this time, and family is the main topic. There are those who will be opposed to your ideas, and your authority may be challenged. If you are in a romantic relationship, you may notice the magic has not been lost.

**LIBRA (Sept. 23-Oct. 23)** The focus is on friendships so make a phone call to someone you have been out of touch with for some time. Watch your temper, and beware of unexpected emotional confusion. Take a leisure walk and some private time for yourself. Stay positive! You have a tendency to give yourself away and then there is little left for you. Striving for balance is a life-long pursuit for Libra's. Meditation or yoga can help you make better decisions and if it benefits the people you care about. You are a positive person, so avoid negative people. The focus is on joyful people being introduced into your life. You have the opportunity to make a brand-new start with a new attitude, that is evolving from you. You're emotionally growing and that can be painful, but meditation will help you more than you know! This Full Moon brings issues to the table that need to be examined for your consideration. Love is a beautiful reminder of what is important in life. Life is the essence of love. Your main relationship in life is making you think twice about what life is all about. You have learned so much from the partner you have chosen.

**SCORPIO (Oct. 24-Nov. 21)** You're starting to get busy again, but wait until next month for making your intentions known. You may find that a little provocation can expose your emotions in a way that is startling. Take a break from behind the scenes approach to get more done, therefore, don't disturb by deep silent meditation. You're going to be in a passionate mood! Find an outlet for your creative sexual phase. Perhaps music or dancing would be the right kind of medicine for you. You'll feel your emotions exposed in unlikely situations. Your inner voice is a treasure of information, so listen carefully, for this is your year to make a big difference in your life. Expansion is the key word for you to consider as you travel within. You're a magical mystery tour within your own

mind, which is represented by your life experiences! Have an exquisite journey into your vast, infinite self and learn the wisdom that you have. Implement this knowledge for real results. Consider meditating on your personal goals, and this means thinking deeply with a focus on one idea for the results that you want.

**SAGITTARIUS (Nov. 22-Dec. 21)** Many of you are going to be moving or changing jobs in the next few months. Change is the key word for you as this is a year to receive your awareness. Be prepared to implement a decision about an important relationship. The tempo is picking up, and you are ready to get on with your dreams. However, if you are uncertain about anything, don't decide. Wait until you are clear and centered, and then you'll be able to create a better choice for yourself. You have so much to give and learn and to receive. You're feeling good about the choices that you have made recently. You are on the verge of a personal breakthrough, but make sure that you implement what you gain in wisdom. You may need some time to sort out all the details. Relationships and communication are the focus for this year. Say what you mean and mean what you say! Keep an upbeat mood and see others transform as you make changes, which in turn makes for a different response in others and in yourself. You're a healing force to be clearly expressed for the benefit of others.

**CAPRICORN (Dec. 22-Jan. 19)** The horn of plenty and financial situations are highlighted. In a quantum leap, you become grateful that your current relationships are teaching you valuable lessons. Nothing, like a cleaning of your house and changing your environment to a liven the day. When you stop worrying, your life changes with you. This may seem like the end of time, and perhaps it is. This is a momentous occasion by letting go of the past. Make choices that allow you to grow in a new way. That synchronistic moment that comes your way is speaking volumes to you, and all you have to do is listen. You know how to listen to you? Just take your hands off your ears and Listen. Stop making life more difficult for yourself and let life guide you to where you are, which is who you are. Romance is a water-way to grow with new vistas. Be strong and sensitive with your emotions if it suits you? Romance is sweet and loving for those who are in a new relationship.

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